#	Activity	Time Needed	Work Needed	Skill improved
1	Preparation (PreMarket Zoom Calls)	20 mins / day	Prepare in advance, select entry/exits. Listen to pre-market, compare with your work. Listen to reasoning for lines.	Develop daily entry, exit and target plays BEFORE market opens. Improve prediction ability
2	Trade	30+ mins/ day	Take a position near entry targets, monitor stock, exit at targets (or other) depending on market movement. Monitor your risk.	Refine entry / exit skill set Master the application you're using
3	Review Trades	30+ mins/ day	Review your trade. Record entry/exit points, what you were thinking, what pattern you saw, what psychology was at play. Good/bad trade? What would you do differently?	improve entry and exits recognize timing of entries and patterns
4	Group Trade Reviews	30 mins/ week	Prepare 1 trade you took that week to discuss with a group. Share what you did / what you would do differently.	improve accountability improve entry and exits recognize timing of entries and patterns
5	Weekly Webinars	1 hr / week	Join weekly webinars on suggested topics. Spend 2-3 mins on the webinar to share your relevant experience.	improve knowledge base sharing your experience strengthens your perspective
6	Books	1 hr / week	Read recommended books on the topic pertaining to what you're working on. If multiple people are reading the same book, share 2 takeaways in the weekly Group Trade Reviews.	gain knowledge from past successful traders develop a habit of continuous learning
7	1:1 Private Calls	As required	Decide what topic to discuss that will be most helpful. Provide the topic in advance and schedule directily with WSK, JT.	1. learn / work through an important topic
8	Videos	1 hr / week	Watch videos from the video library and youtube depending on the topic you're focused on.	1. improve knowledge base
9	Live Audio Trading	1-2 time / month	You'll be invited to trade live as a group. Nothing is guaranteed so you'll need to be in premarket that day, know the plays, listen to commentary and take a position (paper or real, up to you) when the plays are called.	get exposure to REAL trading understand the pyschology and mental factors at play take good entry and exit positions
10	Private Chat	30 mins/ week	You'll have a private chat where you may discuss any topic relevant to learning. Also sharing experiences are helpful to have a record of and learn from one another. Highly recommended to be a participant.	gain knowledge from other colleague traders develop a habit of continuous learning